

NEVER A DULL MOMENT
& FIFTY THOUGHTS ABOUT THAT!



FIFTY MUSINGS

1. Someday...is today
2. Encourage a child every chance you get
3. Stop & help
4. Always remember your not even halfway to what you can do
5. Don't give up on love, it won't give up on you
6. Exercise does not happen unless you move
7. Don't have that last drink
8. Makeup ages you
9. Show up
10. At least a dozen times a year, start your day with champagne
11. Don't cheat, unless it is on Weight Watchers
12. Your name is your most valuable asset in all areas of your life
13. Walk whenever you can.. the view is never the same twice
14. Buy fine jewelry for yourself
15. Accept that someone will disappoint you and that you will disappoint someone
16. Flowers will always make you feel better
17. Every chance you get.....Turn left on entering the plane
18. Go to India
19. Celebrate our differences
20. Read a book that you can hold
21. Forgive
22. A bad love affair makes you wiser, stronger and more resilient
23. You will never cease to be shocked
24. Learn a second language
25. Make an animal part of your life
26. Keep your promises
27. Take a leap of faith...Do something that you thought you could never do...
...chances are you always could do it
28. Possessions weigh you down
29. Change is good, don't fight it
30. Confidence is beautiful
31. Drink copious amounts of champagne at the Carlyle & New York will never let you down
32. The world's great city parks are my version of being in the country...seek them out
33. Patterns are hard to wear...except for Missoni
34. Don't be afraid to travel alone
35. Always return to Venice
36. Hold your "chosen" family very close
37. It is ok...NOT to know how to drive
38. The Splendido in Portofino is my version of a cottage...Thank you very much
39. Walk away when it does not feel right
40. I always have...but don't jump to conclusions
41. I will never love Rome, but I will always respect it
42. Look back...remember...& always move ahead
43. Try not to have regrets..they are a bore
44. A white lie is better than a big hurt
45. Don't skimp on bedding
46. Write it down
47. If it seems or looks too good to be true....it is
48. Room service at The Paris Ritz is one of life's great indulgences...indulge
49. Be grateful to those that told you something that you did not want to hear
50. It is never to late

WRITTEN BY MARY SYMONS IN CELEBRATION OF HER 50TH BIRTHDAY